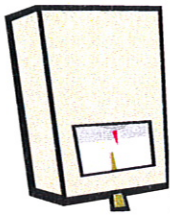




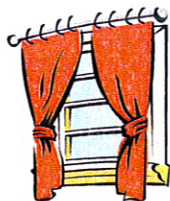
Saving energy in your home



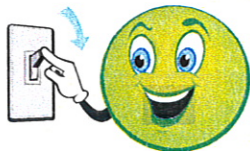
1. Turn your thermostat down. Reducing your room temperature could cut down your heating bills by up to 10 percent and typically saves around £65 per year. If you have a programmer, set your heating and hot water to come on only when required rather than all the time.



2. Is your water too hot? Your cylinder thermostat should be set at 60 C / 140 F.



3. Close your curtains at dusk to stop heat escaping through the windows and check for draughts around windows and doors.



4. Always turn off the lights when you leave a room.



5. Don't leave appliances on standby and remember not to leave laptops and mobile phones on charge unnecessarily.



6. If possible, fill the washing machine, tumble dryer or dishwasher: one full load uses less energy than two half loads.



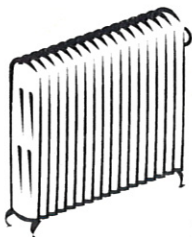
7. Only boil as much water as you need (but remember to cover the elements if you are using an electric kettle).



8. A dripping hot water tap wastes energy and in one week wastes enough hot water to fill half a bath, so report leaking taps as soon as possible and make sure that they are fully turned off.



9. Use energy saving light bulbs. They last up to 10 times longer than ordinary bulbs and using one can save around £45 over the lifetime of the bulb. This saving could be around £70 over its lifetime if you are replacing a high wattage incandescent bulb, or one used for more than a few hours a day.



10. Do you really need the heating on? Maybe you can wear a jumper or use a blanket instead. Remember; do not hang clothes on the radiator! By covering the radiators, you are preventing the heat from reaching the rest of the room and may cause the appliance to not work effectively for future use.